



TOURO COLLEGE OF OSTEOPATHIC MEDICINE CLINICAL EDUCATION DEPARTMENT

INTRODUCTION TO FASCIAL MANIPULATION ONE DAY WORKSHOP Sunday, October 18, 2015 New York, NY

WHAT IS FASCIAL MANIPULATION®?

Fascial Manipulation® is a method of treatment to address myofascial pain. This technique involves manual friction over specific points on the deep muscular fascia. Clinically tested over the last 20 years, techniques have proven useful in Orthopaedics, Rheumatology and Neurology.

INTENDED AUDIENCE:

This workshop is designed to update physicians, physical therapists, massage therapists, and medical students with an interest to learn more about this important subject.

DATE:

Sunday, October 18, 2015
8:00 AM—5:30 PM

CME CREDIT ALLOCATION:

AOA: 8.5 Category 1-A CME Hours Pending Approval

LOCATION:

230 West 125th Street,
New York, NY 10027

REGISTRATION SCHEDULE

Advance Registration: \$200 (Until September 15, 2015)
Early Registration: \$225 (Until October 1, 2015)
Full Registration: \$250 (Until October 18, 2015)

REGISTER TODAY!!!

<http://www.nycms.org/files/101815Touro.pdf>

10% off for members:
Rolfe Institute
Fascia Research Society
Hands-On Workshop
Barral Institute / IAHE

CONFIRMATION/CANCELLATION POLICY:

Refunds will be awarded less the \$50 Administrative Fee no later than 14 days prior to this activity.

INTSTRUCTOR HIGHLIGHTS



Antonio Stecco: MD
Physical Medicine and
Rehabilitation

Dr. Antonio Stecco, Italian based author of *Manipolazione Fasciale, Parte Teorica, Piccin, 2010*, is world renowned for his contribution to the development and advancement of Fascial Manipulation®. Dr. Stecco has written more than 30 articles indexed in MEDLINE and is published in over 10 languages. His scientific activity is devoted to the study of fasciae from amacroscopical, histological and physiopathological perspectives. Since 2000, Dr. Stecco has collaborated with the Descartes University, Paris, to study the macroscopic anatomy of fasciae through cadaver dissection. He has also worked as an Assistant Reviewer for *The Journal of Bodywork and Movement Therapies*.



Mikhail Volokitin, MD, DO
Osteopathic Manipulative Medicine

Dr. Mikhail Volokitin received his MD degree in the former Soviet Union, where he practiced orthopedic surgery for seven years. He immigrated to the US in 1988, and graduated from New York College of Osteopathic Medicine with a DO degree in 1995. He is a Diplomat of the National Board of Osteopathic Medical Examiners in Medicine and Surgery. He is Adjunct Assistant Clinical Professor of Osteopathic Manipulative Medicine at Touro College of Osteopathic Medicine.

CONTACT INFORMATION

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GENERAL INFORMATION

WORKSHOP DESCRIPTION

Introduction to Fascial Manipulation® is a workshop designed to introduce health professionals to Fascial Manipulation® concepts and techniques. Attendees will be introduced to the histological anatomy, and the Centres of Coordination/Fusion. Participants will also be introduced to a biomechanical model of the human fasciae through a live dissection of interior limbs. The resultant analytical process will allow participants to work at a distance from the site of patient pain, which is often inflamed due to non-physiological tension. Musculoskeletal disorders addressed will include low back pain, tendinitis, sprains, peripheral nerve compressions, and neck pain syndromes. Visceral dysfunctions addressed will include Gastritis, Irritable Bowel Syndrome, Constipation, and Dysmenorrhoea.

LEARNING OBJECTIVES

- Gain understanding of how the fascial system is formed, including its interrelationships, histology, innervations in the Biomechanical Model of Fascial Manipulation
- Review new terminology and movement analysis methods, Explain complex application
- Recognize how Fascial Manipulation® works: Principles of here it works, which tissue to target, hypothesized action, and manners to treat
- Understand how to compile an Assessment Chart that is useful for a Fascial Manipulation® treatment
- Be able to palpate CC of one segment comparatively
- Provide an overall vision of how a Therapist conducts a treatment session

EDUCATIONAL METHODS:

- Didactic Lecture
- Dissection
- Group Labs & More

PROGRAM SCHEDULE

Registration	8:00 - 8:30 AM
<i>Welcome and Introduction</i>	8:30 - 8:40 AM
<i>Theory: Anatomy of the Deep and Superficial Fascia: Histology, innervation</i>	8:40 - 10:00 AM
<i>Theory: Physiology of Fascia: Layers and Continuity, Pathology of Fascia</i>	10:00- 11:00 AM
Break	11:00 - 11:10 AM
<i>Theory/Demo/Practical: Dissection of the Shoulder and Upper limb (Anatomy Lab)</i>	11:10 AM - 1:00 PM
Lunch	1:00 PM - 2:00 PM
<i>Theory: The Paratenon: Anatomy, Imaging, Clinical Study</i>	2:00 - 2:45 PM
<i>Theory: The Ankle Retinacula: Anatomy Imaging, Clinical Study</i>	2:45 - 3:45 PM
Break	3:45 - 4:00 PM
<i>Theory: The Assessment Chart of Fascial Manipulation®</i>	4:00 - 4:30 PM
<i>Theory/Demo/Practical: Demonstration of Treatment</i>	4:30 - 5:15 PM
<i>Questions and Conclusions</i>	5:15 - 5:30 PM

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