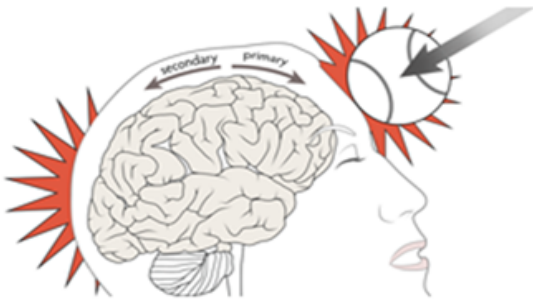


TOURO COLLEGE OF OSTEOPATHIC MEDICINE

HEALING TRAUMATIC BRAIN INJURY **With Maud Nerman, DO, CS POMM, CA.**

*A critical and effective framework for treating traumatic brain injury, relieving mechanical strains
and restoring restrictions in brain fluid flow after injury*



"A traumatic brain injury can initiate a cataclysm of destruction that ravages the brain for years. But my years of practice have shown me that with some essential help, including skilled cranial treatment, the brain has a remarkable ability to heal, regardless of whether the injury occurred yesterday or twenty years ago."

- Maud Nerman, DO, CS POMM, CA

ABOUT DR. NERMAN



Dr. Maud Haimson Nerman is an osteopathic physician with specialties in osteopathic manual medicine, cranial osteopathy, and classical homeopathy. A Stanford University graduate, she attended medical school at the New York College of Osteopathic Medicine, where she received the Riland Award in 1981 for excellence in osteopathic manual medicine. She completed her internship at Doctors Hospital in Atlanta, GA, receiving the Hoyt Trimble Award for

Proficiency in Manual Medicine.

Dr. Nerman has studied with some of the greatest osteopathic physicians, including Rebecca and Howard Lippincott, Robert Fulford, Herbert Miller, Anne Wales, Stanley Schiowitz, Ernest Bernhardt, Viola Frymann and Joyce Vetterlein. She began her homeopathic training in 1983, and has since furthered her study with leading experts in the field.

From 1982 to 1987, Dr. Nerman was an assistant professor at Western University College of Osteopathic Medicine, where she taught family practice and osteopathic practice and principles. She has been an Adjunct Clinical Instructor at the Touro University College of Osteopathic Medicine in Vallejo, CA, since its inception.

Dr. Nerman has been in practice for over three decades. She uses her exceptional skills to help patients recover from injury and address complex medical conditions and neurological problems, including brain injury, epilepsy, migraines, low back pain, GERD, chronic ear infections, and hormonal problems. She lectures extensively throughout the United States on osteopathic medicine, and regularly teaches advanced courses for medical professionals on the treatment of brain injury and trauma, including injuries from motor vehicle accidents.

Healing Pain and Injury is Dr. Nerman's first non-fiction book. She is currently writing the next book in this series, which will explore our new understanding of traumatic brain injury and approaches to healing it.

PROGRAM DETAILS:

DATE:

Sunday, September 21, 2014
8:00AM-5:30PM

APPROVED FOR:

8 (Eight) AOA Category 1-A Credits
8 (Eight) AMA Category 1 PRA Credits

LOCATION:

Touro College of Osteopathic Medicine
230 W. 125th Street
New York, NY 10027

CRITICAL ACCLAIM:

**Martha Herbert, MD, PhD - Author of *Autism Revolution*
Assistant Professor of Neurology at Harvard Medical School**
"Dr. Nerman offers hope-giving, cutting edge science with practical ways to heal body and brain injuries."

**Geneen Roth, #1 New York Times bestselling author of
"Women, Food and God"**

"Dr. Nerman is a gifted healer; I know that from personal experience...Now, everyone can have the benefit of her extensive wisdom..."

Roger Morrison, MD
Cofounder: Hahnemann Medical Clinic, Hahnemann College of Homeopathy Author of *The Desktop Guide* and *Desktop Companion to Physical Pathology*

"Maud Nerman is a famously skilled clinician -- both as an osteopath and a homeopath. This work is a welcome addition for both homeopaths and patients and their families. Weaving personal anecdotes with solid clinical information, the book is both fascinating and useful I highly recommend it for both clinicians and the lay public..."



This live activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of the State of New York (MSSNY) through the joint sponsorship of Nyack Hospital and Touro College of Osteopathic Medicine. Touro college of Osteopathic Medicine is accredited by the American Osteopathic Association to provide continuing medical education for physicians. Nyack Hospital is accredited by the Medical Society of the State of NY (MSSNY) to provide continuing medical education for physicians



Touro College of Osteopathic

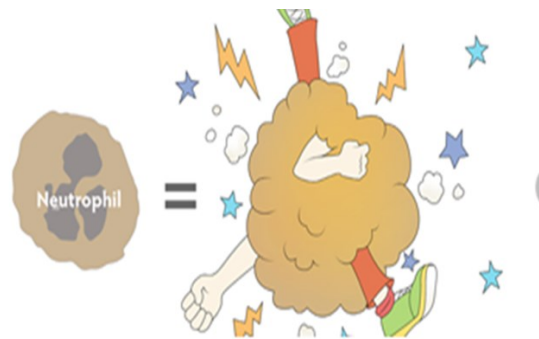
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"Highly destructive immune cells called neutrophils are the first to arrive at an injury site and attack the pathogens. If all goes as it should, the neutrophils do their job and expire, and the lymphatic system carts them away. However, anything that delays the removal of neutrophils sets the stage for continuing tissue damage, ongoing inflammation, and pain."

- Maud Nerman, DO, CS POMM, CA



EDUCATIONAL METHODS:

- Group Lab
- Didactic Lecture
- Case Based Question & Answer

AGENDA:

September 21, 2014

- 8:30-8:45 Check-In
8:45-10:00 The recent science that elucidates effective treatment –
Lecture – 1 hour 15 minutes
- 10:00-10:15 Break
- 10:15-12:05 Treating the Injury Shock Components of TBI –
Lecture – 30 minutes
Treatment Techniques – 1 hour
Fulford Diaphragm release to restore breath and balance, ANS sacral lullaby – affecting SNS and PNS
Discussion Groups – 20 minutes
- 12:05-1:15 Lunch - *1 hour 10 minutes*
- 1:15-3:10 Dural Relationship to TBI – Note dura not only provides support, but growth hormones, stem cells and fluid flow
Lecture – 1 hour
Lab – 1 hour
- 3:10-3:30 Discussion - 10 minutes
- 3:30-5:00 Fluid Flow, Venous and CSF the critical elements in treating TBI
Lecture – 30 minutes
Lab – 1 hour
- 5:00-6:00 Nutrition Necessary for Treating TBI
Lecture -1 hour

WORKSHOP DESCRIPTION:

Recent scientific discoveries demonstrate that mechanical strains and restrictions in fluid flow significantly contribute to ongoing brain destruction after injury. Author of the new book, "Healing Pain and Injury", Maud Nerman, DO provides a revolutionary approach to understanding and treating injury and pain.

Rejecting the view that the patient is a collection of symptoms to be dissected, she illustrates how problems in one area or system of the body can reverberate in a distant system or structure.

During this full day course, Dr. Nerman weaves together personal stories from patients, the healing tradition of osteopathic medicine, and recent scientific discoveries to explain why the body's interconnectedness is often the key to recovery and how you can better understand the clues that the body provides.

This course provides a critical and effective framework for treating the forces that often keep the inflammation of brain injury present for decades. Brain injury is imminently treatable once you understand the mechanics of action and the effective tools at our disposal.

REGISTRATION:

Registration Schedule:

Early Registration \$225 Until July 31st 2014

Advanced Registration \$275 Until September 15th 2014

Full Registration \$300 Until Registration Close

[Click Here To Register](#)

Confirmation/Cancellation Policy:

Refunds will be awarded less the \$50 Administrative Fee no later than 14 days prior to this activity



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