TOURO COLLEGE OF OSTEOPATHIC MEDICINE
CLINICAL EDUCATION DEPARTMENT

INTRODUCTION TO FASCIAL MANIPULATION
ONE DAY WORKSHOP
Sunday, November 2nd, 2014
New York, NY

WHAT IS FASCIAL MANIPULATION©?

Fascial Manipulation© is a method of treatment to address myofascial pain. This technique involves manual friction over specific points on the deep muscular fascia. Clinically tested over the last 20 years, techniques have proven useful in Orthopaedics, Rheumatology and Neurology.

INTENDED AUDIENCE:

This workshop is designed to update physicians, physical therapists, massage therapists, and medical students with an interest to learn more about this important subject.

DATE:

Sunday, November 2nd, 2014
8:00 AM—5:30 PM

CME CREDIT ALLOCATION:

- **Eight (8) AOA Category 1A credits**
- **Eight (8) AMA PRA Category 1 credits**

LOCATION:

230 West 125th Street,
New York, NY 10027

REGISTRATION SCHEDULE

Advance Registration: $200 (Until September 30th, 2014)
Early Registration: $ 225 (Until October 14th, 2014)
Full Registration: $250 (Until November 2nd, 2014)

REGISTER TODAY!!!

Visit our CME Webpage:
http://www.touro.edu/med/cme.html

10% OFF FOR FRS MEMBERS!

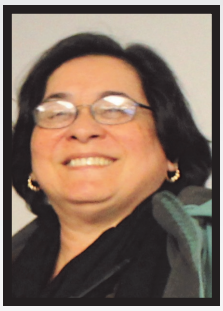
CONFIRMATION/CANCELLATION POLICY:

Refunds will be awarded less the $50 Administrative Fee no later than 14 days prior to this activity.

INTSTRUCTOR HIGHLIGHTS

Antonio Stecco: MD, Physical Medicine and Rehabilitation

Dr. Antonio Stecco, Italian based author of *Manipolazione Fasciale, Parte Teorica, Piccin, 2010*, is world renowned for his contribution to the development and advancement of Fascial Manipulation© . Dr. Stecco has written more than 30 articles indexed in MEDLINE and is published in over 10 languages. His scientific activity is devoted to the study of fasciae from a macroscopical, histological and physiopathological perspective. Since 2000, Dr. Stecco has collaborated with the Descartes University, Paris, to study the macroscopic anatomy of fasciae through cadaver dissection. He has also worked as an Assistant Reviewer for *The Journal of Bodywork and Movement Therapies.*



Grace Vasconez-Pereira DO,MD
Osteopathic Manipulative Medicine

Dr. Grace Vasconez-Pereira has been lecturing in Osteopathic Medicine for over 25years. A graduate of the New York Institute of Technology College of Osteopathic Medicine (Formerly NYCOM) Dr. Vasconez-Pereira is currently Assistant Professor of Osteopathic Manipulative Medicine at Touro College of Osteopathic Medicine in Harlem, New York.

CONTACT INFORMATION

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This live activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of the State of New York (MSSNY) through the joint sponsorship of Nyack Hospital and Touro College of Osteopathic Medicine. Touro college of Osteopathic Medicine is accredited by the American Osteopathic Association to provide continuing medical education for physicians. Nyack Hospital is accredited by the Medical Society of the State of NY (MSSNY) to provide continuing medical education for physicians

FRS APPROVED

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New York, NY

GENERAL INFORMATION

WORKSHOP DESCRIPTION

Introduction to Fascial Manipulation© is a workshop designed to introduce health professionals to Fascial Manipulation© concepts and techniques. Attendees will be introduced to the histological anatomy, and the Centres of Coordination/Fusion. Participants will also be introduced to a biomechanical model of the human fasciae through a live dissection of interior limbs. The resultant analytical process will allow participants to work at a distance from the site of patient pain, which is often inflamed due to non-physiological tension. Musculoskeletal disorders addressed will include low back pain; tendinitis, sprains, peripheral nerve compressions, and neck pain syndromes. Visceral dysfunctions addressed will include Gastritis, Irritable Bowel Syndrome, Constipation, and Dysmenorrhoea.

LEARNING OBJECTIVES

- Gain understanding of how the fascial system is formed, including its interrelationships, histology, innervations in the Biomechanical Model of Fascial Manipulation

- Review new terminology and movement analysis methods, Explain complex application

- Recognize how Fascial Manipulation© works: Principles of where it works, which tissue to target, hypothesized action, and manners to treat

- Understand how to compile an Assessment Chart that is useful for a Fascial Manipulation© treatment

- Be able to palpate CC of one segment comparatively

- Provide an overall vision of how a Therapist conducts a treatment session

EDUCATIONAL METHODS:

- Didactic Lecture

- Dissection

- Group Labs & More

PROGRAM SCHEDULE

Registration:	**8:00-8:30AM**
Introduction : Non Specific Pain and Myofascial Pain ***(Frontal Lesson)***	**8:30–8:55AM**
Highlights of Anatomy of the Human Fascial System ***(Frontal Lesson)*** - Gross Anatomy of the Fascial System - Histology - Layered Conformation - Myofascial/Myotendinous Expansions - Innervation	**8:55-10:30AM**
Questions: Concerning the Fascial Anatomy	**10:30-10:45AM**
Coffee Break	**10:45-11:00AM**
Live Demonstration of the Fascia Anatomy in the Inferior Limb ***(Practical Part)***	**11:00-1:00PM**
Lunch	**1:00-2:00PM**
Physiology of Fascia ***(Frontal Lesson)*** - hyaluronic acid - the sliding system - viscosity and mechanoreceptors - hyaluronic fragments	**2:00-3:00PM**
Questions: concerning the physiology of fascia	**3:00-3:15PM**
Biomechanical Model - Myofascial Unit, Centre of Coordination, Centre of perception. Sequences, Centres of fusion, diagonals, and spirals ***(frontal lesson)***	**3:15-3:45PM**
Questions: concerning the biomechanical model	**3:45-4:00PM**
Demonstration of Fascial Manipulation© treatment ***(practical part)***	**4:00-5:15PM**
Questions and Discussion concerning the Fascial Manipulation© technique	**5:15-5:30PM**

Agenda format subject to change
Final Agenda will be provided at registration.