



TOURO COLLEGE OF OSTEOPATHIC MEDICINE CLINICAL EDUCATION DEPARTMENT

FASCIAL MANIPULATION AND ANATOMY: DISSECTION AND CLINICAL IMPLICATION ONE-DAY WORKSHOP Sunday, October 23, 2016 New York, NY

WHAT IS FASCIAL MANIPULATION©?

Fascial Manipulation© is a method of treatment to address myofascial pain. This technique involves manual friction over specific points on the deep muscular fascia. Clinically tested over the last 20 years, techniques have proven useful in Orthopaedics, Rheumatology and Neurology.

INTENDED AUDIENCE:

This workshop is designed to update physicians, physical therapists, massage therapists, and medical students who are interested in learning more about this important subject.

DATE:

Sunday, October 23, 2016
8:00 AM—5:30 PM

CME CREDIT ALLOCATION:

AOA: 7.75 Category 1-A CME Hours Approved

LOCATION:

230 West 125th Street
New York, NY 10027

REGISTRATION SCHEDULE

Advance Registration: \$200 (Until September 16, 2016)
Early Registration: \$225 (Until October 7, 2016)
Full Registration: \$250 (Until October 23, 2016)
Students: \$15.00

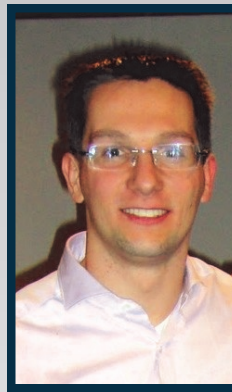
REGISTER TODAY!!!

[LINK TO
REGISTRATION](#)

CONFIRMATION/CANCELLATION POLICY:

Refunds will be awarded less the \$50 Administrative Fee no later than 14 days prior to this activity.

INSTRUCTOR HIGHLIGHTS



Antonio Stecco, MD
Physical Medicine and
Rehabilitation

Antonio Stecco, MD, PhD, is Clinical Instructor at Rusk Rehabilitation, New York University. Physiatrist, President of Fascial Manipulation Association, Assistant-President of the International Society of Physical Medicine and Rehabilitation (SPRM) 2012-2014. Scientific activity devoted to the study of the human fasciae from a macroscopically, histologically and physio-pathologically point of view. He personally made over 100 cadaver dissections for research. Since 2007, he organizes and personally holds theoretical-practical courses about the Fascial Manipulation method on all five continents.

Author of more than 40 extensive papers about the fascia. Co-author of three books and co-author of different chapters of international books published by Elsevier.



Mikhail Volokitin, MD, DO
Osteopathic Manipulative Medicine

Dr. Mikhail Volokitin received his MD degree in the former Soviet Union, where he practiced orthopedic surgery for seven years. He immigrated to the US in 1988, and graduated from New York College of Osteopathic Medicine with a DO degree in 1995. He is a Diplomat of the National Board of Osteopathic Medical Examiners in Medicine and Surgery. He is Adjunct Assistant Clinical Professor of Osteopathic Manipulative Medicine at Touro College of Osteopathic Medicine.

CONTACT INFORMATION

Cheryl M. Malone, CAE
cmalone@nycms.org
(212) 684-4691

The Touro College of Osteopathic Medicine is accredited by the American Osteopathic Association to provide continuing medical education for physicians. The Touro College of Osteopathic Medicine designates this live activity for a maximum of 7.75 Category 1-A CME Hours. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



TOURO COLLEGE OF OSTEOPATHIC MEDICINE CLINICAL EDUCATION DEPARTMENT

FASCIAL MANIPULATION AND ANATOMY: DISSECTION AND CLINICAL IMPLICATION ONE-DAY WORKSHOP

Sunday, October 23, 2016

New York, NY

PROGRAM SCHEDULE

GENERAL INFORMATION

WORKSHOP DESCRIPTION

Introduction to Fascial Manipulation® is a workshop designed to introduce health professionals to Fascial Manipulation® concepts and techniques. Attendees will be introduced to the histological anatomy, and the Centres of Coordination/Fusion. Participants will also be introduced to a biomechanical model of the human fasciae through a live dissection of interior limbs. The resultant analytical process will allow participants to work at a distance from the site of patient pain, which is often inflamed due to non-physiological tension. Musculoskeletal disorders addressed will include low back pain, tendinitis, sprains, peripheral nerve compressions, and neck pain syndromes. Visceral dysfunctions addressed will include Gastritis, Irritable Bowel Syndrome, Constipation, and Dysmenorrhoea.

LEARNING OBJECTIVES

- Gain understanding of how the fascial system is formed, including its interrelationships, histology, innervations in the Biomechanical Model of Fascial Manipulation
- Review new terminology and movement analysis methods, Explain complex application
- Recognize how Fascial Manipulation® works: Principles of here it works, which tissue to target, hypothesized action, and manners to treat
- Understand how to compile an Assessment Chart that is useful for a Fascial Manipulation® treatment
- Be able to palpate CC of one segment comparatively
- Provide an overall vision of how a Therapist conducts a treatment session

EDUCATIONAL METHODS:

- Didactic Lecture
- Dissection
- Group Labs & More

CME CREDIT ALLOCATION:

AOA: 7.75 Category 1-A CME Hours Approved

The Touro College of Osteopathic Medicine is accredited by the American Osteopathic Association to provide continuing medical education for physicians. The Touro College of Osteopathic Medicine designates this live activity for a maximum of 7.75 Category 1–A CME Hours. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

<i>Registration</i>	8:00 a.m. - 8:30 a.m.
<i>Introduction: Non-Specific Pain and Myofascial Pain</i>	8:30 a.m. - 8:55 a.m.
<i>Highlights of the Anatomy of the Human Fascial System: Gross Anatomy of the Fascial System -- Histology -- Layered Conformation -- Myotendinous Expansions -- Innervation</i>	8:55 a.m. - 10:30 a.m.
<i>Questions: Concerning the Fascial Anatomy</i>	10:30 a.m. - 10:45 a.m.
<i>Break</i>	10:45 a.m. - 11:00 a.m.
<i>Live Demonstration of the Fascia Anatomy in the Inferior Limb (Practical)</i>	11:00 a.m. - 1:00 p.m.
<i>Lunch</i>	1:00 p.m. - 2:00 p.m.
<i>Physiology of Fascia: Hyaluronic Acid -- The Sliding System -- Viscosity and Mechanoreceptors -- Hyaluronic Fragments</i>	2:00 p.m. - 3:00 p.m.
<i>The Paratendineous Tissues: Their Role in the Pathogenesis of Tendinopathy</i>	3:00 p.m. - 3:30 p.m.
<i>The Ankle Retinacula: Anatomical and Clinical Implication</i>	3:30 p.m. - 4:15 p.m.
<i>Demonstration of Fascial Manipulation Treatment (Practical)</i>	4:15 p.m. - 5:15 p.m.
<i>Discussion and Conclusion</i>	5:15 p.m. - 5:30 p.m.

Agenda format subject to change* Final Agenda will be provided at registration.